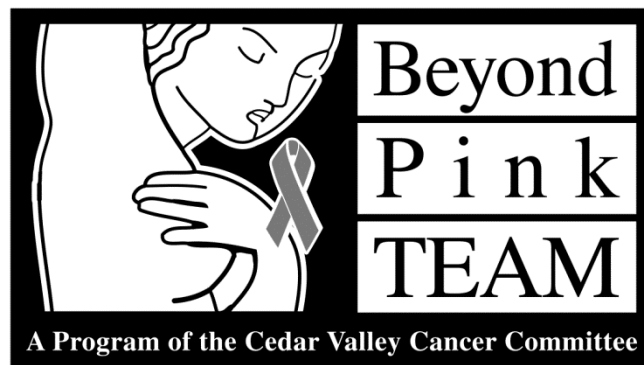


Touch of Courage

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BREAST DENSITY AND WHY IT MATTERS?

By Robert R. Shreck, M.D.
Medical Oncologist, Des Moines

"How can that be?" An understandable lament when a woman, often young, would be diagnosed with a large breast cancer within months of a "normal" mammogram.

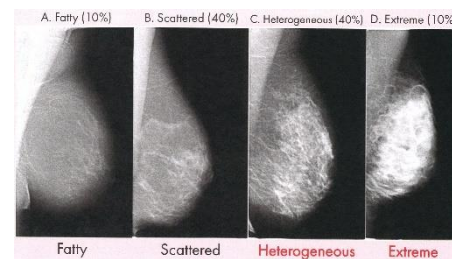
We now know most of these women have "dense" breasts, and density would mask an early cancer even with the most advanced mammogram technique. This density has nothing to do with the way the breast looks or feels, so cannot be diagnosed on examination. It has to do with the concentration of fibro-glandular tissue which is only seen on a mammogram. Density has several features, some alarming:

First of all, it is a gradient, from virtually none to virtually all fibro-glandular. It is divided into four categories for easy management—**fatty, scattered, heterogenous and extreme**. It cannot be changed by any medical treatment. Nearly half of all women are in the top two categories where increased density makes *early diagnosis difficult and unreliable*. And as if that were not bad enough, increased density also

increases the risk of getting breast cancer.

Starting this year Iowa law requires that the radiologist tell the patient her density category in the mammogram letter, along with information, or how to obtain information, on density. For those in the two highest categories it must also inform them of their increased risk of cancer and the masking effect on early diagnosis. So, what should these women do?

First of all, continue mammograms on schedule—the cancer may be diagnosed later and larger than most,



but it will be diagnosed eventually, perhaps still in time to save your life. Secondly, maintain awareness of your breast anatomy—*report any*

Density, continued Page 6, column 3

A Survivor SHARES

Pink Isn't Just a Color Anymore... *by Survivor, Jodie Muller*

One morning during the summer of 2016, I rolled over in bed, my hand brushed across my right breast and I felt a lump. I had just turned 52. In that one second, my life changed forever. I tried not to panic and hoped that the lump was due to my monthly cycle and would go away. Deep down, I already knew what it was, but I waited a couple of months anyway, which really wasn't smart. In October I went to the doctor, had a mammogram, and was barely back at work when the doctor called to say my mammogram was "suspicious for cancer." The very next day I had a biopsy.

I waited five long days for my results. My husband and I were just trying to just get through the weekend and trying to distract ourselves with television, but it was October and October is breast cancer awareness month! Reminders were every place I turned, and pink was everywhere; even the football players had pink shoes and gloves. Pink...Pink...Pink! I know it is dumb, but I was to the point where I hated when friends gave me anything pink.

I was Stage 2, ER+ and HER2-, and subsequently scheduled for a lumpectomy, followed by the placement of a port a couple weeks later. About 10 days after the port was placed, I developed a DVT in my upper arm, which landed me in the hospital for five days; getting out on Christmas Day. There were a lot of

discussions about what to do, but ultimately the port was replaced with a PICC line and I had to give myself daily blood thinner injections for two months. I might mention that getting off the couch to stab yourself in the stomach is something that someone going through chemo doesn't want to deal with!

I endured 16 chemotherapy treatments, followed by 30 radiation treatments, and am currently taking Tamoxifen, which besides some stellar hot flashes, is going okay. I feel like I managed to get through the treatments fairly well and was able to work most of the time. Of course, after work, I had no more energy for anything else. My mom, husband, my work family, and friends were key to keeping me going. We ignored a lot of housework and discovered the joy of on-line grocery shopping. When you are going through something so tough, you just sort of plug away and get through the day.

When I was newly diagnosed, it was terrifying to say the least. You know, at least intellectually, that people survive. But even if I didn't say it out loud, I was considering the very real possibility that maybe I won't be around to see what kind of people our grandchildren will grow up to be. You think, will I even be here in a year? But now it is 20-months later, and I am feeling better (not 100%, but better) and I am beginning to feel more hopeful for the future. I am looking forward to learning how to LIVE past my cancer diagnosis, which I am still figuring out. I am appreciating the simple things that

we take for granted and want to get healthy and stronger, and hope that I am around to be at my grandchildren's graduations and weddings. I have tried never to ask God, "Why me?" Instead I think, "Why not me?" I ask for the strength and ability to EMBRACE HOPE and maybe have FAITH and TRUST that things will be okay.

I think the most important thing that someone newly diagnosed needs to do is to reach out to someone for support and ask for help when you need it. I have met so many lovely, generous women since this journey began who are willing to listen and offer support. I have been taking advantage of the opportunity to attend the Young Cancer Survivor's support group. For me, the cancer diagnosis made me feel alone and isolated, and I am grateful that there is this group of people that care about other people who are facing such a life-altering challenge.



3 Ingredient Natural Weed Killer

1 gallon Vinegar (can be generic)
2 cups Epson Salt
¼ cup Dawn Dish Soap
Spray bottle or Lawn/Garden sprayer

Heat 1 quart vinegar, adding salt stirring until dissolved. Add this to rest of ingredients slowly so don't end up with suds. Pour into spray bottle. Ready to use!

The vinegar draws moisture out of the plant, killing it in the process. The SUN is your best friend for this. It will magnify the power of the vinegar. Avoid spraying when rain in forecast for the next 24-48 hours, on plants or anywhere you intend to do planting.

Mark Your Calendars - Fundraisers to Benefit Beyond Pink TEAM



Saturday, July 21st

Riverfront Stadium, 850 Park Road – Waterloo

Game Time: 6:35 p.m.

Fireworks after!

Come celebrate the Beyond Pink TEAM's 5th Annual Pink Out with the Waterloo Bucks on Saturday, July 21st. There will be a jersey auction, temporary tattoos, pink beer, a 50/50 raffle, t-shirts for sale and a raffle for VIP fireworks viewing.

Package Options:

- T-shirt only
- T-shirt and game ticket
- T-shirt, game ticket and raffle ticket to win VIP fireworks viewing

For more information or to order a package deal go to Special Events at the Beyond Pink TEAM website:

www.beyondpinkteam.org

Saturday, July 21
Pretty In Pink Horse Show

8:00 a.m.

Ellsworth Equestrian Center, 709 Ellsworth Avenue – Iowa Falls, IA

Silent Auction proceeds to benefit Beyond Pink TEAM



Did you know . . . Funds raised to benefit the Beyond Pink TEAM stay right here in our community.

To learn more on how you, your business, group or organization can do a fundraiser for the Beyond Pink TEAM, check out "Fundraising for BPT" under Special Events on the Beyond Pink TEAM website.

12th ANNUAL
PINK RIBBON RUN 2018

Saturday, October 6th
Downtown Cedar Falls

"Last Call"

hosted by Pump Haus Grill & Pub

Thursday, September 13th

4:30-7:00 p.m.

This will be your last opportunity to register and be guaranteed a t-shirt.

Check the Beyond Pink TEAM website,
www.beyondpinkteam.org for registration materials beginning in July 9th.

Oakridge
REALTORS



Presenting Sponsors

Pint (PINK) Night Ride to benefit Beyond Pink TEAM Thursday, September 20th

Joined forces of Bike Tech (Cedar Falls), Waterloo Bicycle Works, Main Street Waterloo and Community Main Street Cedar Falls created this ride to engage the community, have fun, and generate awareness of a noble cause and less about fancy accessories and cycling spandex.

Two Ride Options –

Ride 1 – Waterloo Start

Register: 5:00 p.m. at Waterloo Bicycle Works.

Depart: 5:20 p.m. and arrive at Bike Tech at 6:00 p.m.

Return to SingleSpeed: 6:15 p.m. to join in food, fun & drink – 6:45 – 8:30 p.m.

Ride 2 – Cedar Falls Start

Register: 5:30 p.m. at Bike Tech

Depart: 6:15 p.m. with Waterloo Ride Group to join in food, fun & drink at SingleSpeed

Return to Bike Tech (Cedar Falls group): 8:30 p.m.

****All riders must have a HELMET and HEADLAMP + TAIL LIGHT to participate.**

10% of Food & Beverage Sales (4:00 -10:00 p.m.) that evening will be donated to the Beyond Pink TEAM

Rookie Comes to Bat!

Beyond Pink TEAM Goes to Washington

By Beth Drelich

As the recipient of the 2018 Sue Witwer Memorial Scholarship, I felt fortunate to join four Beyond Pink/Ignite advocates in Washington DC on April 28. We attended the National Breast Cancer Coalition Summit. Our purpose was to learn and prepare to meet with the six congressional members from Iowa in order to advocate for the 2020 Deadline. The advocates who also attended were: Jacque Bakker, Lori Seawel, Kristin Teig Torres, and Christine Carpenter. They are serious advocates who wear figurative “super hero capes,” in my eyes.



Advocates (L-R) Jacque, Beth, Christine, Kristin, and Lori.

They all are dedicated to protecting breast cancer research funding and ensuring health insurance for women with metastasized breast cancer. It was my privilege and honor to be among them during an intense, educational, and fun weekend.

I was disappointed at first to learn that Congress was on recess, so we would only be meeting with their staff. I had read up on the two senators and the four representatives along with the districts they represent, and I was certainly eager to meet them. As a two-year breast cancer survivor, I had traveled to lobby for a cause I was passionate about, so their absence was disappointing.

The first two days on our schedule were intense. We were extremely fortunate to be able to listen to other advocates, researchers, and scientific reviews of work being done to cure breast cancer by the 2020 deadline. I will admit that a good deal of the science and research information was over my head. It was refreshing, however, that we were treated like equals with the scientists and not just women who wear pink ribbons and run races for a great cause. I felt respected by the speakers, and I learned quite a lot about breast cancer on our trip, including medical terms and jargon. To be honest, before the trip I would sometimes pretend to know more than I actually did. Now I feel as if I no longer have to pretend.

The time spent with the staff of the Iowa Congressional members was much more than I expected. The staff members made themselves available for 15 minutes in their busy day to listen to our views. They asked great questions and accepted our information outlining the importance to find a cure by 2020.

I am truly grateful to the Beyond Pink team who helped arrange for this memorable weekend. I am grateful to the family of Sue Witwer for the scholarship I received. I am also grateful to the four “super heroes” who put up with this rookie advocate. I felt like I was just brought up from the minors to play with the major leaguers. If anyone is reading this is interested in becoming an advocate, I have some advice. I am proof that you don’t have to have the “super hero cape” to become an advocate. I am just a survivor who wants to be the last of a generation of women who have to have our bodies mutilated in order to fight cancer. There are several ways someone can be an advocate- just ask the Beyond Pink TEAM. I have even gotten my young adult son to start advocating for Deadline 2020.

This was my first trip to Washington in this capacity, and the entire experience was brand new to me. However, I will share one of the ways that I felt like I helped ensure our message was received. While rehearsing for our meeting with the congressional staff, Christine was going over our phrasing when speaking about our cause. She coached us on talking points and important facts, but also was phrasing everything said to the staff members as “please make sure your boss knows about our efforts”. (*Flashbacks of social studies class in 6th grade crossed my mind.*) I made the suggestion to phrase our points as “please make sure our representatives know about our efforts.” They are still civil servants and answer to us as their constituents. It was a small contribution to share, but I want people to know that every person can contribute in some small way. Perhaps the change in phrasing caused our short time with the staff to sink in just a bit more. If that increased the chances of our success, then I can feel that small point of pride on top of all the amazing experience and learning I received. I want everyone to feel like they can help the cause, because if I helped, then everyone can.



Kristin & Jacque, both diagnosed with HER2 Positive breast cancer, met Dr. Dennis Slamon, who developed the drug Herceptin. This breakthrough drug, initially funded by an NBCC grant, is credited with improving life expectancy for thousands who are diagnosed with this once rapidly progressing tumors type.



Where They Are Now!

Advice from a 13-year Survivor

By Patty Wandschneider

I was diagnosed with stage 2 breast cancer 13 years ago when I was 38 weeks pregnant with my third child. We were watching a lump I had felt that wasn't going away. So we had it biopsied, the day after that we were told it was cancerous and the following day I had our third son. My mom unexpectedly passed away 3 weeks later. I had a lumpectomy about a week before her death and was healing in order to get ready for chemo and later radiation. My husband was having his own struggles since he had gone through ovarian cancer with his mom 15 years earlier and had already lost his dad.

Needless to say it was a very difficult time in our lives but we made it through. My mom's twin sister, who was like a second mom, helped us out tremendously. I also had a sister-in-law around the corner that helped watch the older boys if I needed to rest. Another older neighbor loved to come to our home and rock our baby and feed him while I napped. I couldn't have done it without their help. Having a newborn was actually very therapeutic, emotionally and physically. I think my arm that had the lymph nodes taken out of it gradually strengthened by carrying him around. What a blessing it was to have him. I tried to focus on getting better so that I could care for my 3 boys.

I had grown up going to church every Sunday but found I became closer to God on a daily basis. He was truly by

my side the whole way through. My attitude about life has definitely improved since my cancer. I struggled some with seasonal depression at times in my life and there were times when I was more negative than I liked. Today, I try to always look for the good in everyone and in every situation. I try to practice being grateful for even the little things in life! I have a journal to write gratitudes in. This may be helpful for anyone going through or after a cancer.

One of my biggest obstacles was preparing meals while going through treatment. It was especially hard to prepare meat. I don't really care for it still today but I do it for my growing boys! I've always loved fruits and vegetables so that's good since they're full of cancer fighting antioxidants. It's always been challenging for me to want to exercise. I know that it's an important part of staying healthy so I try to walk, garden or do some yoga exercises. I wish I had tried to walk during the time of chemo and radiation. I had it in my mind that I needed to rest and save my energy. Now I know that it can help with overall well being and our perspective on life. I've also learned how to belly breathe which has helped me relax if I start to feel anxious about anything. This has helped me tremendously with shoulder and neck pain since that's where I've always carried any stress that I feel.

The Beyond Pink TEAM wasn't around and doing all the wonderful things they do today. I've recently joined the group, however, now that I have more time in my schedule. I recently resigned from 20 years of teaching reading to become a Health and Beauty Consultant so that I can educate people on ways to become healthier. I've always felt a passion for good health but now I can combine my passion for teaching and health. I

view difficult times as a way to learn and better myself. For 13 years I have felt like God has something more for me to do besides raising a family, even though I know that's important too. I feel so blessed to be able to do what I'm so passionate about. Do you have a passion you're waiting to do?

I know if you're going through cancer now or if you recently have, it feels like you'll never get better. My advice is to take one day at a time and to find at least one thing each day to feel grateful for even when life seems so hard. Attitude can make such a difference in your body's ability to heal. Find something to do that can help you clear your mind when feeling anxious, whether it be prayer, reading, coloring, music, talking, yoga, a quick walk or perhaps a hobby. Please know that you are loved and that there is help out there if you need it. Don't be afraid to ask! There are resources available and you most likely have a family member, friend, a church or community member that would love to feel needed! A lot of people want to help but just don't know how. Think of the people that have told you to let them know if you need something. Take care of yourself!



Columbus Softball Team makes donation to the Beyond Pink TEAM

Local Breast Cancer Hero

The Dean and Susan Witwer family understands that breast cancer is a political issue. Policy makers determine many aspects of breast cancer such as funding for breast cancer research, access to quality care, and regulations affecting health care systems. After Susan Witwer, an extraordinary and effective local breast cancer advocate, died in 2010, Dean and their children began funding Beyond Pink TEAM's Susan Witwer Memorial Scholarship to help one new advocate attend the annual National Breast Cancer Coalition Leadership Summit in Washington DC. Because of Dean and his children's generosity, 8 Iowa advocates have learned to challenge the status quo by asking the hard questions; question everything; collaborate on meaningful issues; explain the advocate perspective; report back to our local folks; and to "call it like it is."

Sadly, Dean Witwer, a gentle, quiet, and generous hero passed away April 24, 2018. He leaves a legacy of trained advocates, women who are passionate about breast cancer prevention, education, support, and advocacy for comprehensive quality care for ALL. These local advocates are active in the Cedar Valley and surrounding communities while also representing you at a national level in the quest to end breast cancer.

We invite you to consider support for the Beyond Pink TEAM's advocacy training. Your donation will have a direct impact on a local woman's experience with breast cancer. Beyond Pink TEAM is a 501c3 non-profit and 100% of your donation is tax deductible.

Note – If you would like to support the continuation of advocacy efforts of the Beyond Pink TEAM, please use and complete the form on page 8 of this issue.

Support Group Meeting Dates

July 3, 1:30 p.m.

Care & Share Cancer Support Grp
Covenant Cancer Treatment Center
200 E Ridgeway Ave., Waterloo
Jessica – 319-272-2816

July 9, 1:30 p.m.

Touch of Courage
Breast Cancer Support Group
2101 Kimball Ave., Waterloo
Pat – 319-232-8691

August 6, 1:30 p.m.

Touch of Courage
Breast Cancer Support Group
2101 Kimball Ave., Waterloo
Pat – 319-232-8691

August 7, 1:30 p.m.

Care & Share Cancer Support Grp
Covenant Cancer Treatment Center
200 E Ridgeway Ave., Waterloo
Jessica – 319-272-2816

August 9, 5:00-7:00 p.m.

Splash of Color – Women of Color
Breast Cancer Support Group
Cathy – 319-504-2703 for details

August 13, 1:30-3:30 p.m.

Look Good ...Feel Better
Hair – Make-up – Nails – Skin
Covenant Cancer Treatment Center
200 E Ridgeway Ave., Waterloo
To reserve a seat call 1-800-227-2345

September 4, 1:30 p.m.

Care & Share Cancer Support Grp
Covenant Cancer Treatment Center
200 E Ridgeway Ave., Waterloo
Jessica – 319-272-2816

September 10, 1:30 p.m.

Touch of Courage
Breast Cancer Support Group
2101 Kimball Ave., Waterloo
Pat – 319-232-8691

September 18, 4:30-7:00 p.m.

Young Cancer Survivors – Meet,
Mingle and Learn
Cedar Valley Unitarian Universalist
3912 Cedar Heights Dr., Cedar Falls
Gabbi – 319-292-2225

October 1, 1:30 p.m.

Touch of Courage
Breast Cancer Support Group
2101 Kimball Ave., Waterloo
Pat – 319-232-8691

October 2, 1:30 p.m.

Care & Share Cancer Support Grp
Covenant Cancer Treatment Center
200 E Ridgeway Ave., Waterloo
Jessica – 319-272-2816

Density, continued from page 1

change to your doctor and insist upon further investigation, even if your mammogram was "normal". All women regardless of density should talk to their doctor about other risk factors they may be able to change (obesity, inactivity and alcohol). For those in the extreme category additional testing (ultrasound, MRI) can see through the density and provide an early diagnosis.

Visit www.densebreast-info.org for updated breast density information. User-friendly and evidence based, it is appropriate for both patients and physicians.



The Lemonade Entrepreneurial Camp is a partnership between Cedar Falls Downtown District and the University of Northern Iowa John Pappajohn Entrepreneurial Center. The student-run lemonade stands in downtown Cedar Falls not only offered the kids the basics of business, but allowed them to raise funds for 3 charities. The Beyond Pink TEAM was fortunate to be chosen as one of the recipients for two of the lemonade stands.

“Book Group Ignites a Wide-range Conversation on Cancer”

By Julie Husband, a participant

Sometimes effective advocacy requires a big-picture view of cancer causes, early detection tools, treatments and preventative measures. On February 5, Ignite the Cancer Conversation began a book group for this purpose. It was devoted to Siddhartha Mukherjee’s Pulitzer Prize-winning “biography of cancer,” *Emperor of all Maladies*. Approximately 12-15 people met at the Cedar Falls Public Library and online every two to three weeks until mid-April to discuss issues arising from the readings.

The majority of people participating were either medical providers or people whose lives had been directly impacted by breast cancer. Participants brought direct experience to bear on discussions. One woman shared that she believed targeted therapy had saved her life. Another shared that when her young nephew was diagnosed with leukemia his parents knew little of navigating cancer treatments, but she learned of a clinical trial. After deep consideration, his parents enrolled him and it likely saved his life. Access to information and opportunities can be crucial. Still others were grateful not to have been patients during the era of the most severe radical mastectomies.

Having the broad context of Mukherjee’s history, which looked at many forms of cancer and centuries of medical research, gave participants an appreciation for new developments. For example, Mukherjee made a persuasive case for the importance of preventative

measures: one chapter is titled “Prevention is the Cure.” While treatments for lung cancer have become more effective, the single most important factor impacting mortality rates from lung cancer has been anti-smoking efforts. Moreover, examining the genetic basis for cancer suggests an array of preventative measures aimed at reducing genetic mutations—what Mukherjee refers to as the “unitary cause of cancer”—over the course of one’s life. Limiting exposure to tobacco, pesticides, radiation, and radon, among other carcinogens, can protect the integrity of genes and reduce cancer rates.

Myths regarding cancer were also explored and put to rest. The hope that there would be a single “magic bullet” for cancer animated the early campaign for a cure. But effective treatments for leukemia differed fundamentally from those designed for cancers isolated to a single organ. Similarly, treatments for different stages of cancer necessarily differed from one another. Understanding the origin and mechanisms for growth in specific cancers was crucial.

One of the most important storylines of this “biography” of cancer traces the political and public relations campaign to raise funds for cancer research and coordinate effective trials. Early cancer research suffered from a lack of funding. Moreover, rivalries between different organizations and between doctors advocating surgery versus chemotherapy or radiation led researchers to withhold from each other ongoing discoveries or to refuse to investigate combination therapies. Frustrated with the slow pace of research, Doctor Sidney Farber and advertising genius Mary Lasker combined efforts to revolutionize the American Cancer

Society. Through lobbying and advertising campaigns they raised unprecedented government and private funds, and they brought together researchers across institutions. Improvements in trial methodology meant a better coordinated approach to cancer research. For members of the Beyond Pink TEAM, this was an inspiring story.

Fascinating conversations stemmed from the book. Often it was the political and social context for research and treatment that led to the most thought-provoking conversations. Should insurers pay for experimental procedures or drugs? Should experimental treatments be available to patients outside of clinical trials? Ignite organizer Devin O’Loughlin was impressed by the dependence of researchers on fickle or distracted pharmaceutical companies: “I thought the story of Herceptin was amazing. If the doctor hadn’t gotten funding for the trial, it wouldn’t exist today.”

The story of Herceptin has special meaning for the Breast Cancer Coalition. Check the October 2018 issue for the rest of the story.

Another Resource to Check

All veterans are encouraged to check into the Veterans Affairs (VA) office to determine what they, or their dependents, may be eligible for. Benefits may include: VA healthcare, medical equipment, hearing aids, eyeglasses and in-home care. Benefits may be available to Veteran’s widows who meet income guidelines. By registering with the VA, veterans are letting Congress know that funds are needed to stay in the budget to support our Veterans. Please contact the Black Hawk County VA office at 319-291-2512 to see about your benefits.



MISSION – Beyond Pink TEAM is a nonprofit organization whose mission is to provide breast cancer prevention, education, support and advocacy for comprehensive, quality health care for ALL in the Cedar Valley and surrounding communities.

Resources – Information, support, counseling, and educational materials are available from the following:

Beyond Pink TEAM is a local breast cancer organization providing a variety of services. Our website lists services we provide as well as other services available in the Cedar Valley. www.beyondpinkTEAM.org

Living Beyond Breast Cancer includes a helpline, newsletter and information. Survivors Helpline: 888-753-5222 www.LBBC.org

Young Survival Coalition connects with other young women diagnosed with breast cancer. www.youngsurvival.org

Cancer Care is a national nonprofit organization offering counseling, support, financial assistance and education to individuals with cancer and their families. www.cancer.org

Iowa Cancer Consortium offers cancer information and links to resources in Iowa. www.canceriowa.org

American Cancer Society offers cancer information and services. www.cancer.org.

National Breast Cancer Coalition The NBCC's mission is to eradicate breast cancer by focusing the government, research institutions and consumer advocates on breast cancer. It encourages advocacy for action and change. www.breastcancerdeadline2020.org

National Comprehensive Cancer Network® (NCCN) provides state-of-the-art treatment information in easy-to-understand language to people with cancer and their caregivers. NCCN.org/patients

National LGBT Cancer Network works to improve the lives of LGBT cancer survivors and those at risk. www.cancer-network.org

National Cancer Institute's website offers information about cancer, breast cancer, clinical trials, cancer statistics, research and funding, and the latest news. They will also answer your questions by calling 1-800-4CANCER. www.cancer.gov

Connect with us . . . Your support financially or through volunteering is both needed and appreciated. Please feel free to complete the following and forward to Cedar Valley Cancer Committee at the address listed below.

Name _____ Phone _____

Address _____ City _____ State _____ Zip _____

Email _____

I would like to participate with the Beyond Pink TEAM by:

- Writing a survivor story for the newsletter Making phone calls and sending emails to policy makers for breast cancer issues
- Become part of the Breast Cancer Advocacy Network
- Volunteering: *(check all that apply)*
- Assist with Support Groups Education (Health Fairs/Presentations)
- Development (Publicity) Advocacy – Deadline 2020/Ignite the Cancer Conversation
- Events (Fundraisers, Annual Luncheon, Projects and More)
- Make a donation. Make checks payable to Beyond Pink TEAM. *(All donations are tax deductible)*
- BPT Fund Advocacy Fund Area of Need

Touch of Courage . . . Connection

Cedar Valley Cancer Committee
1753 W Ridgeway Ave, Suite 104
Waterloo, IA 50701
www.beyondpinkteam.org