



Cedar Valley Cancer Committee

TOUCH OF COURAGE

CONNECTION NEWSLETTER

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RESEARCHERS STUDY IOWA'S HIGH RATE OF CANCER

BY LINDA BOWMAN, BPT MEMBER

In 2022, doctors found cancer in 2,500 more Iowans than if the state had the same cancer rates as the rest of the U.S. Eighty-seven of the state's 99 counties had higher cancer rates than the national average. And the highest rates are for melanoma, lung, breast and prostate cancers.

Those are some of the data discovered when looking closely at Iowa's high incidence of cancer, the second highest among the 50 states.

On Feb. 5, Governor Kim Reynolds and researchers announced interim findings of the "Key Drivers of Cancer in Iowa Project," a two-year effort funded with \$1 million of state funding and led by the University of Iowa College of Public Health. Further results will be announced in July.

"Cancer is complex. Cancer risk and outcomes are influenced by multiple factors, individual behaviors, environmental exposures, genetics, and importantly access to prevention, screening and timely high-quality care," said Robert Kruse, M.D., state medical director.

What we already know about cancer in Iowa

- Radon causes lung cancer and Iowa's soil naturally contains high concentrations.
- Cigarette smoking is the #1 cause of cancer in the U.S.
- The environment plays a role.
- Nitrates in water are associated with certain cancers, but not definitively pinpointed.

"Studying these sorts of links is extraordinarily difficult because it's not the exposure you had today or yesterday that determines your risk of cancer now, but your exposure one, two, three decades ago," explains Geore Weiner, M.D., a physician scientist at the University of Iowa. "But we shouldn't be afraid to do the research to try to figure it out because of what we might find."

Our personal role in prevention

Lifestyle matters. "There's studies that show if you put the triad of the food you eat, obesity, and lack of physical activity together, that triad causes almost as many cancers as cigarette smoking. So it's a huge influence on the incidence of cancer," says Richard Deming, M.D., medical director of Mercy Cancer Center in Des Moines.

Modifiable risk factors cause 42% of all cancers in the U.S. and Iowa ranks high for obesity, binge drinking and low intake of vegetables.

The population health role in prevention

CONTINUED ON PAGE 4



I'M MORE THAN A BREAST CANCER SURVIVOR

KATIE OBRIEN

I have a secret... I don't really like cancer support groups very much. I feel like almost every one I have attended I was expected to do the same introduction. "Hi, I'm Katie, I was diagnosed with Stage 1A, ER/PR+ HER2- invasive ductal carcinoma in July 2024." Then

you are supposed to share your treatment experiences, and that's where things get a little awkward for me. I didn't experience chemo or radiation, which are often seen as the standard of care for cancer, so I sometimes struggle to think of myself as a cancer survivor. Because I am so much more than just my diagnosis. I am a woman, a wife, a sister, a teacher, a friend, a double amputee...

And I am a 3rd generation breast cancer survivor. When my grandmother was diagnosed and given treatment options, she told her doctor, "I've had these long enough, get me new ones." My two aunts also chose the same surgical option. A double mastectomy with reconstruction was always going to be my decision IF I was ever diagnosed. I didn't think it would be a "when." I always thought of it as an "if." However, my wife admitted to me that she always thought we would face this, she just didn't think it would be when I was in my 40s.

Yes, I said "wife." That's yet another reason cancer support groups are tough. I have been happily married to Jordan since 2016. Being in a same-sex relationship and getting diagnosed with breast cancer has added layers. We both worried about how we would feel with my breasts being amputated and her still having hers. I also had a lot of "what if..." anxiety about whether Jordan will ever have to experience breast cancer, too. Not to mention that finding caregiver resources and support for my wife was like searching for a needle in a haystack.

Jordan and I did find one group we enjoyed. We took a Survivorship 101 class through the A Time To Heal Foundation. We were worried about being accepted, but that group of survivors and caregivers made us feel welcomed, supported, and not alone. They also saw us as whole people, not just as people who experienced cancer in our lives. We have recommended that class to quite a few others. It can be found in-person or online.

I am also grateful the Beyond PINK Team sees me as a whole person, too. I am so much more than the diagnosis support groups want me to spit out. I am a cis gay woman, a loving wife, a big sister, a veteran teacher, a caring friend, a double breast amputee... and a breast cancer survivor.

PINK RIBBON RUN CELEBRATING 20 YEARS!

We are thrilled to announce that the Pink Ribbon Run (PRR) is celebrating its 20th anniversary! What began in 2006 as a local event with 100 participants has grown into a gathering of over 1,000 people dedicated to supporting those affected by breast cancer.

The PRR was born from a collaboration between Downtown Cedar Falls merchants, Community Main Street, and the Beyond Pink TEAM (BPT). The event was inspired by the legacy of Michelle Dowie Friedley, who passed away in 2004 at the age of 31. Her mother, Pam Dowie, worked closely with BPT to fulfill Michelle's wishes of supporting the community, leading to the creation of this impactful run.

All proceeds from the Pink Ribbon Run benefit the Beyond Pink Fund. This fund provides essential grants to individuals of all backgrounds and genders undergoing breast cancer treatment, helping to ease the financial burden of medical bills and essential living expenses.

Please mark your calendars for this year's milestone event. The 20th Annual Pink Ribbon Run will be held on Saturday, October 3, at the River Place Plaza (Second and State Street) in downtown Cedar Falls. Registration

is scheduled to open in August 2026. We encourage you to follow the Beyond Pink TEAM on Facebook for further updates as the date approaches.

We look forward to a celebration that honors the memory of Michelle Dowie Friedley, remembers those we have lost, and celebrates the strength of all breast cancer survivors.

CANCER AS A DANCE INSTEAD OF A FIGHT

Iowa oncologist Richard Deming, M.D., says anyone living with cancer should choose their own metaphors for the experience; yet he often talks with patients about a dance rather than a battle.

"That's not very comforting...more like climbing a mountain. Whereas engaging in a dance, there are sometimes the cancer steps on your toes and sometimes you step on the cancer's toes, but it's how do you live a full life finding joy, even in the midst of a journey that might include treatment for incurable cancer."



RIDING WITH HOPE

BY KRIS KLINGAMAN - SURVIVOR

In 2023, I was shocked to hear the words, “you have cancer.” My mammogram was suspicious, leading to a painful breast biopsy. I was convinced further testing was

unnecessary - there was no history of breast cancer in my family. At 67, I was fit and healthy, leading a busy life filled with daily physical activities, caring for and riding horses, spending time with my grandchildren, traveling, and showing Quarter horses with my husband. A cancer diagnosis felt impossible, but it became my reality.

Living in a small town, attending a small church, I quickly found friends, especially one who became my “cancer buddy”, Barb. Together, along with other women on the same journey, we were reassured by the mantra, “Never lose hope.” Hope is one of the three Christian virtues, along with faith and love. Biblical hope is filled with assurance, certainty, and trust - a hope you can believe in because a faithful God has already promised it.

I sought treatment at the Mayo Clinic in Rochester, Minnesota. My doctors performed surgery to remove the cancer from my breast and took lymph nodes from under my armpit. Removing these lymph nodes helped determine how much the cancer had spread and guided my future treatment. My doctors recommended radiation, so six weeks after, I began a daily regimen of treatment. The cancer center’s nurses and technicians were supportive and compassionate.

Barb’s treatment began with chemotherapy, followed by a double mastectomy. Her unstoppable faith and incredible sense of humor shined through it all. We often hugged and supported each other - the journey felt easier when shared. We both proudly exchanged and displayed our pink ribbons. We were determined to never lose hope.

As the year progressed, Barb faced multiple serious health issues. We would meet at Mayo on mutual appointment days, always sharing our strong faith, medical experience,

and hopes for the future. In November, Barb’s condition worsened. I spent Sunday November 3, 2024, with her in a hospital room in Waterloo. I will always cherish her upbeat attitude, enduring hope, and faith that filled the room. Her last words to me were, “never lose hope.”

Around that time, I had purchased a new horse named Watson. He was a kid, sweet, beautiful palomino 2-year-old Quarter horse gelding. I continued to struggle for months with the pain and loss of my dear friend Barb. Watson became a comforting distraction.

Early one morning during my quiet coffee and prayer time, I felt a nudge of inspiration. The phrase “never lose hope” filled my heart. I felt led to use those words to rename my horse as a way to honor Barb and encourage those enduring breast cancer.

In the American Quarter Horse Association, formal name changes are permitted if a horse has not earned any national points. Because Watson was just two years old, he met the criteria. His original name was provided by Reid and Melanie Hockenson, who raise many foals each year and proudly brand them with their ranch logo, HQ, and incorporate HQ into their registered names. With their support, Watson’s name was officially changed to HQ Never Lose Hope.

In 2025, Never Lose Hope (Watson, his barn name) and I began our show career together. Believing this horse will do well in the show arena, my focus is on the honor of the name he carries. First place ribbons will come and go, but our mission is to bring hope and courage to cancer patients, their families, and caregivers will remind them to “never lose hope.”

My prayer is that when my horse’s name is announced at shows, it will increase breast cancer awareness. I wear a pink breast cancer ribbon on my vest and Watson has one on his saddle blanket. I hope to be a breast cancer survivor who proudly demonstrates love, support, and encouragement for all those fighting cancer. Because like my friend Barb, I will never give up, and I will “never lose hope!”

PLAY BALL - It will be baseball season soon. Mark your calendars for the annual Waterloo Bucks Pink Out Night for Breast Cancer Awareness on Saturday, July 24th, at the Waterloo Riverfront Stadium, 850 Park Road, Waterloo. Gates will open at 6:00 pm with first pitch at 6:35 pm. Following the game, there will be a fireworks extravaganza!

This annual event honors and supports the Beyond Pink TEAM. In fact a breast cancer survivor will be throwing out the first pitch! So if you are interested in baseball and

are a breast cancer survivor, we would love to have you represent all breast cancer survivors and throw out the first pitch!!! Just contact Cheryl Thayer at Jcthayer58@gmail.com. (No previous experience needed.)

In addition, the Bucks PINK jerseys worn during the game will be auctioned off with proceeds going to the Beyond Pink TEAM. You don’t need to attend the game to bid on the jerseys. The auction will be online only. Come join the fun and support not only your local semi-pro baseball team, but the Beyond Pink TEAM.

CONTINUED FROM PAGE 1

What about the remaining 58%? Inherited genetic factors make up 10%. Advancing age plays a role, but the incidence rate is already age-adjusted. So key questions remain.

“Leaving it up to individuals to do the right thing is what got us to be the second-highest state for cancer incidence,” says Mary Charlton, Ph.D., professor and director of the Iowa Cancer Registry. “We need stronger policies that make the healthy choice easier and the unhealthy choice harder.”

“We need to look at the factors we’re not as certain of, and that is exactly which aspect of our environment is causing the most cancers,” Dr. Deming continued. “Once we know that, then we can come up with public policy to help mitigate the incidence.”

For example, legislative action could be taken to address radon, nitrates in the water supply, and various chemicals used in agriculture and industry, as well as to increase taxes on tobacco and nicotine products.

Dr. Deming points to policies that influenced behavior after researchers determined that smoking cigarettes causes cancer. “In the 1950s, 50% of adult men were smoking; now it’s down to less than 20%. That’s because of our knowledge from the research that then got applied through public policy that reduced cigarette smoking.”

The good news and a caution

Cancer is not the death sentence it used to be. Mortality has dropped about 30% since Dr. Weimer started practicing medicine.

Screenings help by finding cancer at an earlier stage, when the cure rate is higher. Mammograms, colonoscopies, PSA blood tests, pap smears and CT scans help tremendously for discovery of breast, colon, prostate, cervical and lung cancer, respectively.

Research also plays a major role in areas such as targeted therapy and immunotherapy.

“We figured out how cancers hide from the immune system and we’re starting to figure out how to strip away that invisibility cloak so the immune system can move in and fight the cancer,” he explains.

Progress is moving faster than ever before, says Dr. Weiner, but many worthwhile research projects are no longer being funded – only one in 10 at the federal government level.

“I do think now is the time for us to double down on investment in cancer research for the sake of our children and grandchildren.”

Quotes from Dr. Deming and Dr. Weiner came from the Feb. 27, 2026, episode of Iowa Press. Visit iowapbs.org/shows/iowapress to watch the 30-minute broadcast.

BPT ADVOCATE ENGAGES IN NATIONAL BREAST CANCER COALITION TRAINING AND LOBBY DAY

Beyond Pink TEAM Advocacy Council Chair Lori Seawel attended the National Breast Cancer Coalition (NBCC) Team Leader Training in Washington, D.C., on February 9, 2026. The training provided NBCC volunteer leaders with a deeper understanding of the coalition’s scientific approach, federal policy priorities, and grassroots advocacy strategy. Participants examined NBCC’s evidence based research framework, current gaps in breast cancer science, and the critical importance of sustaining the Department of Defense Breast Cancer Research Program (BCRP). The session also reviewed NBCC’s top legislative priorities—including BCRP funding and the Metastatic Breast Cancer Access to Care Act—and offered practical guidance on communicating these issues effectively with lawmakers. Leaders strengthened their advocacy skills, learned strategies for guiding local teams, and practiced survivor centered messaging aligned with NBCC’s mission to end breast cancer.

On February 10, Lori met with all six of Iowa’s congressional offices to advocate for these priorities. She and Advocacy Council CoChair Kristin Teig Torres will return to Capitol Hill in late April with a group of Beyond Pink TEAM advocates during NBCC’s Annual Advocacy Leadership Summit. Their top priority will be securing Fiscal Year 2027

funding for the DOD Breast Cancer Research Program, urging Iowa’s Senators and Representatives to sign the annual Dear Colleague Letter requesting \$150 million for this innovative and highly effective program. Because BCRP funds must be appropriated each year, continued advocacy is essential.

The impact of the BCRP is tangible. One of its most significant breakthroughs is Herceptin, a treatment that has dramatically improved outcomes for patients with HER2positive breast cancer. Several Beyond Pink TEAM advocates credit this drug with saving their lives—fueling the passion and urgency behind the organization’s continued advocacy for robust BCRP funding.

Advocates will also continue urging Senator Grassley and Senator Ernst to sign on to the Metastatic Breast Cancer Access to Care Act, a bipartisan bill in the 119th Congress. All four of Iowa’s U.S. House members have already cosponsored the legislation. The bill would remove the current 5-month waiting period for Social Security Disability Insurance (SSDI) and the 24-month waiting period for Medicare for individuals diagnosed with metastatic breast cancer, ensuring patients can access critical treatment and financial support without delay.

BPT ADVOCATES JOIN IOWA ENVIRONMENTAL ADVOCACY DAY AT THE CAPITOL

Three Beyond Pink TEAM advocates—**Jacque Bakker, Barb Horstman, and Lori Seawel**—joined organizations from across the state in Des Moines February 25th for **Iowa Environmental Advocacy Day**, standing alongside community partners to highlight the connection between environmental health and cancer prevention.

Morning Training: Building Skills for Effective Advocacy

The day began with a focused advocacy training session, where participants received updates on current environmental issues, learned how to frame conversations with lawmakers, and reviewed strategies for sharing personal stories in ways that resonate with policymakers. The session emphasized the growing body of research linking environmental exposures to cancer risk—an issue of particular importance to breast cancer survivors and advocates.

Conversations at the Capitol

Following the training, Jacque, Barb, and Lori joined advocates at the Iowa State Capitol, meeting with legislators to discuss the Iowa Environmental Council's three priorities for 2026:

1. **Reduce Iowans' exposure to radon**, a leading cause of cancer in Iowa's environment.
2. **Preserve Iowa's water monitoring network** to drive informed solutions.
3. **Protect Iowa's health and water from coal plant pollution.**

In addition to these priorities, the advocates urged legislators to support two key bills currently under consideration:

- **House File 2690**, which would require data centers to report and manage their water and energy use, increasing transparency around large-scale industrial consumption and helping protect Iowa's water resources.

- **House File 2297**, which would require new single-family or two-family construction to include passive radon mitigation capabilities. This makes it easier for homeowners to abate radon if it is detected in their homes.

These bills align closely with Beyond Pink TEAM's commitment to prevention, ensuring that environmental policies reflect the realities survivors face every day.

A Unified Voice for Prevention

By participating in Environmental Advocacy Day, Beyond Pink TEAM advocates helped elevate the message that cancer prevention requires action far beyond the clinic. Their presence demonstrated the power of survivor leadership in shaping policies that protect Iowa families today and for generations to come.

Note: This activity applies directly to work towards one of our BPT strategic planning priorities: Increasing Advocacy and Education Throughout Iowa.



JOIN BPT ADVOCATES AT THE NBCC ADVOCACY LEADERSHIP SUMMIT

On April 25-27, 2026, several Beyond Pink TEAM members will be traveling to the 2026 NBCC Advocacy Leadership Summit followed by Lobby Day on April 28th. You can join them! Here are some of the exciting sessions attendees will enjoy -

“How Age Shapes Breast Cancer Biology”

“The Artemis Project - Advancing Prevention and Ending Metastasis”

And a workshop -“Leveraging the Mechanisms That Allow Disseminated Tumor Cells to Survive to Eradicate Them”

If you are interested in attending, please reach out to Lori Seawel as soon as possible: 319-240-2556; lori.seawel@seawel.com.

For more details: <https://nbcc.info/SummitPromo>.

Watch for the July newsletter for reports from our attendees on these sessions and more!



JOIN THE IOWA CANCER CONSORTIUM

Ignite the Cancer Conversation is the educational arm of Beyond Pink TEAM. Its focus this year will be spreading the news of Iowa's high rate of cancer and leading advocacy efforts.

Committee members urge everyone interested in cancer to join the Iowa Cancer Consortium, which has the mission to advance cancer prevention and control in Iowa through advocacy, equity, and collaboration.

Beyond Pink TEAM is an organizational member; individual memberships are available for \$20/year.

Visit canceriowa.org to learn more.

SUMMARY OF THE FEBRUARY 2026 INTERIM FINDINGS REPORT

KEY DRIVERS OF CANCER IN IOWA PROJECT

The University of Iowa College of Public Health, supported by a \$1 million appropriation from the Iowa Legislature, released its February 2026 interim findings to better understand why Iowa continues to experience some of the highest—and still rising—cancer rates in the United States.

Background

Between 2018 and 2022, Iowa recorded the second highest cancer incidence rate in the nation and was one of only two states where new cancer cases continued to rise. This trend prompted state leaders to launch the Key Drivers of Cancer in Iowa Project to identify underlying causes and inform prevention strategies.

Focus of the Interim Analysis

Researchers concentrated on Iowa's five most common cancers:

- Breast
- Colorectal
- Lung
- Prostate
- Melanoma

These cancers account for a substantial share of Iowa's overall cancer burden and offer the clearest opportunities for targeted intervention.

Key Findings

1. Iowa's Cancer Burden Is Growing Faster Than the National Trend. State officials reported 2,500 excess cancer cases in 2022 alone, underscoring the urgency of identifying contributing factors.

2. Environmental, Behavioral, and Access Related Factors Are All Under Review

While the interim report does not present final causal conclusions, it highlights several categories of potential drivers:

- Environmental exposures (e.g., agricultural chemicals, radon)
- Behavioral factors (e.g., tobacco use, obesity)
- Screening and early detection gaps
- Healthcare access and rural disparities
- County level variation, with some counties—such as Palo Alto—showing exceptionally high cancer rates.

3. Legislative and Public Health Collaboration Is Central

The project reflects a coordinated effort between:

- The Governor's Office
- Iowa HHS
- University of Iowa College of Public Health

State leaders have emphasized the importance of using data to guide policy and prevention strategies.

Purpose of the Interim Report

This February 2026 release is not a final analysis but a progress report summarizing:

- What researchers have learned so far
- Which cancer types and risk factors are being prioritized
- How statewide data collection and county level engagement are shaping the next phase of the project

The findings will inform a more comprehensive final report, expected to include detailed risk modeling, environmental assessments, and policy recommendations.

Sources

- University of Iowa College of Public Health. Interim Findings Report: Key Drivers of Cancer in Iowa. February 2026.
- Iowa Health and Human Services. Cancer Drivers Partnership Update. 2025.
- Iowa Cancer Registry. Cancer in Iowa (Annual Report Series).
- Iowa Cancer Consortium. Statewide Initiative on Cancer Drivers in Iowa.
- KCCI News. Coverage of the Interim Findings Presentation, 2026.

View the Replay: Presentation on initial Key Drivers of Cancer in Iowa report (KCCI)

https://www.youtube.com/watch?v=lyg-lAmC_T8

View the Interim Findings Report

<https://iphprp.org/wp-content/uploads/2026/02/Interim-Progress-Report-Cancer-Driver-Project-Feb-2026-final-.pdf>

Learn more about the Cancer Drivers in Iowa project

<https://iphprp.org/cancer-drivers-in-iowa/>

“Thank you to the Beyond Pink TEAM for your unwavering support of our breast cancer patients. Through your generosity, resources and compassionate care, you provide meaningful assistance, comfort and hope to patients at every stage of their journey.”

From UnityPoint Cancer Center

THANK YOU to the generosity of the following individuals, businesses, and organizations for their donations to the Beyond Pink TEAM from December 1, 2025 through February 28, 2026.

MEMORIAL GIFTS

In Memory of Blanche Haberstick
 Nancy Colwell
 Konnie Eindels
 Richard Firdard
 Carla Manahl
 Kim Moye
 Thomas Thurber
 Debra Wilson



DONATIONS

Anne Barloon
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 Cedar Falls Public Safety
 Cedar Falls Protective Association
 Community Motors of Cedar Falls
 Donna O'Brien - Bambinos



Cedar Falls Public Safety



SciPlay Games, LLC

DATES TO REMEMBER

APRIL - JULY 2026

April 6, 2026, 1:30 pm

Touch of Courage
 Breast Cancer Support Group
 Community Foundation of NE Iowa
 3117 Greenhill Circle, Cedar Falls
 Pat 319-610-4424 for info

April 7, 1:30 pm

Care & Share Cancer Support Group
 MercyOne Cancer Treatment Center
 200 E Ridgeway Ave, Waterloo
 Sarah 319-272-2816 for meeting info

April 14, 6:30 pm

Waverly Breast Cancer Support Group
 Waverly Health Center Tendrils Rooftop Garden
 312 9th St. SW, Waverly
 Emily 319-352-4926 for information

April 21, 5:00-7:00

BPT All Cancer Survivor Group
 Cedar Valley Unitarian Universalists Church
 3912 Cedar Heights Drive, Cedar Falls
 Angela 319-231-3143 for info

May 4, 1:30 pm

Touch of Courage
 Breast Cancer Support Group
 Community Foundation of NE Iowa
 3117 Greenhill Circle, Cedar Falls
 Pat 319-610-4424 for info

May 5, 1:30 pm

Care & Share Cancer Support Group
 MercyOne Cancer Treatment Center
 200 E Ridgeway Ave, Waterloo
 Sarah 319-272-2816 for meeting info

May 12, 6:30 pm

Waverly Breast Cancer Support Group
 Waverly Health Center Tendrils Rooftop Garden
 312 9th St. SW, Waverly
 Emily 319-352-4926 for information

June 1, 1:30 pm

Touch of Courage
 Breast Cancer Support Group
 Community Foundation of NE Iowa
 3117 Greenhill Circle, Cedar Falls
 Pat 319-610-4424 for info

June 2, 1:30 pm

Care & Share Cancer Support Group
 MercyOne Cancer Treatment Center
 200 E Ridgeway Ave, Waterloo
 Sarah 319-272-2816 for meeting info

June 9, 6:30 pm

Waverly Breast Cancer Support Group
 Waverly Health Center Tendrils Rooftop Garden
 312 9th St. SW, Waverly
 Emily 319-352-4926 for information

June 16, 5:00-7:00

BPT All Cancer Survivor Group
 Cedar Valley Unitarian Universalists Church
 3912 Cedar Heights Drive, Cedar Falls
 Angela 319-231-3143 for info

July 6, 2026, 1:30 pm

Touch of Courage
 Breast Cancer Support Group
 Community Foundation of NE Iowa
 3117 Greenhill Circle, Cedar Falls
 Pat 319-961-4424 for info & location

July 7, 1:30 pm

Care & Share Cancer Support Group
 MercyOne Cancer Treatment Center
 200 E Ridgeway Ave, Waterloo
 Sarah 319-272-2816 for meeting info


July 14, 6:30 pm

Waverly Breast Cancer Support Group
 Waverly Health Center Tendrils Rooftop Garden
 312 9th St. SW, Waverly
 Emily 319-352-4926 for information

RESOURCES

Information, support, counseling, and educational materials are available from the following:

Beyond Pink TEAM is a local breast cancer organization providing a variety of services. Our website lists services we provide as well as other services available in the Cedar Valley. beyondpinkTEAM.org

 You can also find us on Facebook.

Living Beyond Breast Cancer includes a helpline, newsletter, and information. LBBC.org
Survivors Helpline: 888-753-5222

Cancer Care is a national nonprofit organization offering counseling, support, financial assistance, and education to individuals with cancer and their families.

cancercare.org

Iowa Cancer Consortium offers cancer information and links to resources in Iowa. canceriowa.org

American Cancer Society offers cancer information and services. cancer.org.

National Breast Cancer Coalition's mission is to eradicate breast cancer by focusing the government, research institutions, and consumer advocates on breast cancer. It encourages advocacy for action and change. stopbreastcancer.org.

National Comprehensive Cancer Network® (NCCN) provides state-of-the-art treatment information in easy-to-understand language to people with cancer and their caregivers. NCCN.org/patients

National LGBT Cancer Network works to improve the lives of LGBT cancer survivors and those at risk. cancer-network.org

National Cancer Institute offers information about cancer, breast cancer, clinical trials, cancer statistics, research and funding, and the latest news. They will also answer your questions by calling 1-800-4CANCER. cancer.gov

National Cancer Institute provides dictionaries of cancer terms, genetics terms, and cancer drugs. cancer.gov/publications/dictionaries

Young Survival Coalition connects with other young women diagnosed with breast cancer. youngsurvival.org

CancerChoices is an independent, science-informed resource, helping you make sense of your choice in integrative cancer care. cancerchoices.org

The Cancer Journey provides short 3–5-minute videos featuring survivors, doctors, social workers, and advocates who share their experiences of diagnosis, treatment, after-treatment, living with metastatic cancer, and advocating to end this disease. beyondpinkteam.org/the-cancer-journey.html

MISSION | Beyond Pink TEAM is a nonprofit organization whose mission is to provide breast cancer prevention, education, support, and advocacy for comprehensive, quality health care for ALL in the Cedar Valley and surrounding communities.

Connect with us . . . We would love to have your energy and passion as part of the Beyond Pink TEAM! We are an all-volunteer organization, which makes us unique. It's amazing what we can accomplish working together.

To become a member of the BPT, complete the form below and send \$10 to the address below. You will receive a Volunteer Opportunity Form to match you with your interests.

Financial support is always needed. If you would like to make a donation to the BPT, you can make a check payable to: **Beyond Pink TEAM** and mail to address below or use **VENMO**.

Name _____ Phone _____

Address _____ City _____ State _____ Zip _____

Email _____

ADDRESS

Beyond Pink TEAM
1407 Asbury Lane
Waterloo, IA 50701

VENMO

@beyondpink-jeanne



Scan here for more information on the Beyond Pink TEAM.

BeyondPinkTEAM.org

